



MAIL-IN REGISTRATION FORM
23rd Kelly LaBare 5K Run/Walk 2020
Sunday, August 2, 2020 at Otsiningo Park, Binghamton, NY

Certified Course: NY16060JG

On-Line Registration available until noon on 7/31/20 at: <http://www.spiediefest.com> or
<https://runsignup.com/Race/NY/Binghamton/KellyLaBare5K>

<u>Mail-in Registration</u>		<u>Price</u>
5K Run/Walk Postmarked 7/19/20	With Shirt	\$ 25.00
5K Run/Walk Postmarked 7/25/20	NO Shirt	\$16.00
TCRC Member Postmarked 7/25/20	Discount	(-\$2.00)
	TOTAL:	_____

Shirt Size S _____ M _____ L _____ XL _____ XXL _____

Race Day Registration No Shirt \$25.00

First Name _____ Last Name _____

Address _____

City, State, Zip _____

Sex: M/F _____ Date of Birth (mm/dd/yyyy) _____ Age on Race Day _____

Phone Number _____ E-Mail
 Address _____

YOU MUST SIGN THE WAIVER BELOW

I know running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run if unless I am medically able and properly trained, and by my signature certify that I am medically able to perform this event, am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation for any reason whatsoever. I assume all risks associated with running this event, including high heat, humidity, traffic and conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers/carriages, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this rule. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Spiedie Fest & Balloon Rally, Broome County and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the sponsoring bodies. This release shall be binding on my heirs, administrators, successors, and assignors and those of the sponsoring organization. By this release, I fully intend to discharge the said organizations from any and all injuries or losses suffered by me, while participating in and traveling to and from this event.

Signature **Date** _____

Signature (if under 18, Parent/Guardian) **Date** _____

Checks Payable to:
 Spiedie Fest & Balloon Rally

Mail Entry to:
 Kelly LaBare 5K Run/Walk
 c/o Jordan Varano
 1304 Hillside Drive

Vestal, NY 13850