



Kelly LaBare 5K Walk/Run 2019

Sponsored by DICKS SPORTING GOODS

REGISTRATION:

<https://runsignup.com/Race/NY/Binghamton/KellyLaBare5K>

On-Line Registration available until noon on **8/2/19** at:

<https://runsignup.com/Race/NY/Binghamton/KellyLaBare5K>

Mail-in Registrations accepted until postmarked date of **7/27/2019**

The Kelly LaBare 5K Run/Walk is held in celebration of Kelly M. LaBare, an education advocate and running enthusiast who died unexpectedly in 1997 at age 25. Because family, children, and running were central to Kelly's life, we have planned an event that celebrates each of these things.

COURSE

This is a USATF certified course (NY16060JG) located in scenic Otsiningo Park in Binghamton, New York. The course is a flat and fast run along a paved roadway and walking trails through the park.

OLD COURSE RECORDS (Prior 2013)

Anthony Gallo 15:16 (2002)

Molly Huddle 16:16 (2004)

2013 NEW COURSE RECORDS

Christian Thompson 14:41 (2013)

Lauren Mullins 18:12 (2014)

AWARDS

Female and male overall and masters

3-Deep Age Group awards M & F

13 & Under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 & Over

No duplication of Awards. Must be present to receive award.

RACE DAY INFORMATION

Sunday August 4, 2019

Registration & packet pick 8:00 AM-9:25 AM

Race Day Registration ends at 9:25 AM

5K Start at 9:35AM

Kids 9 & under Free Fun Run at 9:00AM

Shirt availability is very limited on race day

Race Day Registration Fee: \$25 without a shirt

Special parking is AVAILABLE ON RACE DAY ONLY at Roosevelt School, which is within walking distance to the start on race day. NO STROLLERS WILL BE ALLOWED DUE TO SAFETY ISSUES.

Timing & Result services will be provided Leone Timing: <http://www.leonetiming.com>

For Additional Information: Email: kellylabare5K@gmail.com